

NEW  
*state-of-the-art*  
*Rehabilitation Center*



Rehab at the Cove

A property of Preston Health Services.



Rehab at the Cove is a new 26-bed rehab facility featuring 26 spacious private suites. Our rehabilitation services include:

- Orthopedic Rehab
- Workman's Compensation
- Cardiac Rehab
- IV Therapy
- Post-Surgical Rehab
- Stroke Rehab
- Physical, Occupational, and Speech Therapies
- Wound Care

We are dedicated to providing compassionate rehabilitative care to residents following a hospital stay, surgery, illness or injury. We specialize in short-term and long-term skilled nursing care, customized to your needs, incorporating the latest techniques and treatments.

We are proud to introduce our Orthopedic Director, Michael E. Miller, MD. Board certified in Orthopedic Surgery, Dr. Miller specializes in the medical treatment of injuries, diseases, and other conditions of all bones and joints. He provides expert care for patients from simple to severe musculoskeletal injuries and related complications. Recovery is a process. Rest assured that Dr. Miller and his expert staff will be with you every step of the way.



Michael E. Miller, MD

**TOC** The Orthopaedic Center

## Services and Amenities

We offer a variety of amenities and fun activities to make your stay with us enjoyable. These activities are designed to bring together residents and staff as a vibrant community to turn each day into an opportunity for everyone to stay active and engaged.

- Full-time medical director
- Full-time orthopedic director
- Full-time wound nurse
- IV meds
- Oxygen/nebulizers
- ST certified in vital stim
- FEES testing
- E-stim and ultrasound
- Respiratory therapy
- Short-term rehab and respite services
- One level, easy access open floor gym
- FREE wireless internet access
- On-site beauty salon

*There are no additional fees for private rooms.*



## **Rehabilitation**

Whether you need help with your daily activities at home or need help recovering mobility and quality of life after a surgery, Rehab at the Cove, the area's premier rehabilitation facility offers a wide range of rehabilitation services to help you get back on your feet! Our rehabilitation team confers with your physician and other members of the team to develop a plan of care that is personalized to your needs.

### ***Physical Therapy***

- Post operative rehabilitation
- Complex post-surgical needs
- Gait training
- Bed mobility
- Training in the use of AD for functional mobility
- Strength and endurance training
- Pain management techniques
- Balance training
- Stroke rehabilitation
- General weakness rehabilitation
- On-site family training/education
- Prosthesis training
- Therapeutic exercises
- Spinal/joint pain
- Modalities for pain/swelling

### ***Occupational Therapy***

- Regain or retain independence with activities of daily living
- Joint replacement rehab
- Balance/coordination training
- Individualized care
- Strength and endurance training
- Adaptive/compensatory technique training to increase independence



- On-site family training/education
- E-stim/ultrasound
- Bed/wheelchair positioning
- Orthotics

### ***Speech Therapy***

- Vital stim
- Communication skills
- Memory enhancement techniques
- Swallowing dysfunction
- Reasoning skills training
- FEES Assessment (on-site)
- Audiology assessments (on-site)



## Pay Sources

There are several options available for covering the costs associated with a short-term or extended stay at Rehab at the Cove, including:

- Medicare
- HMOs
- Private pay
- Medicaid



## Rehab at the Cove

213 Wilson Mann Road | Owens Cross Roads, AL 35630  
Phone: (256) 725-3400 | Fax: (256) 740-5495 | [RehabAtTheCove.com](http://RehabAtTheCove.com)

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